

## DAVID K. HIRANAKA, MD, DMD, INV

### What To Expect After ThermiLift™

Thermi Sculpt uses radiofrequency energy (heat) under the skin with a special needle to tighten the skin and / or melt unwanted fat. It can be done alone or combined with liposuction in the same procedure. Please be aware of the following:

- **Initial Swelling, Tenderness, Numbness And Bruising**  
The procedure stimulates the formation of new collagen beneath the skin. The local trauma will always cause some degree of swelling, lumpiness, tenderness and bruising lasting up to 6 weeks. Most patients will improve greatly after a few days but some swelling, numbness, lumpiness, tenderness or soreness may persist in the treated area for several more weeks. Numbness typically disappears but could be permanent.
- **The Need For More Touch Ups**  
Most patients experience notable improvement of treated areas with one procedure, but sometimes repeat or other procedures may be needed for optimal results. A few patients may note little or no improvement after one procedure and, rarely some patients may not respond to or worsen from this treatment. We will discuss the cost of potential additional touch up procedures before the first treatment. Duration of treatment results cannot be predicted. . Remember that this will not stop the inevitable, ongoing aging process. Undesirable cosmetic results may not be completely medically reversible. Rapid, significant weight gain can negate results.
- **Be Patient**  
Final Results will vary. Up to 6 months is required before final results can be assessed. Occasionally, an additional procedure (with an additional fee) will be recommended. We will be honest, fair and reasonable. We ask that you be fair and reasonable with us in return. Remember, we are on your side. We both share the same goal. Sometimes, due to the variability in the healing response and the subjective nature of measuring success, there may be a degree of disappointment. We are committed to address your concerns throughout the process but cannot guarantee specific results.
- **Do not hesitate to call**  
If you have any concerns or questions, contact us at **326-2040** during business hours. If you have urgent questions or concerns call Dr. Hiranaka at **322-0202**

Patient Printed Name: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

